

Peer Support Package	
Priority:	Emotional Health and Well-being
Healthier Behaviour Outcomes:	<p>1) To increase the number of pupils who have been trained as a peer supporter.</p> <p>2) To increase the number of pupils who have been supported by a peer supporter.</p>
Activities: To set up and run a peer support programme	<p>Needs analysis:</p> <ul style="list-style-type: none"> Review current provision/opportunities for peer support. Discuss with pupils and staff about their hopes for the peer support programme. Determine if there is a particular focus to your peer support (e.g. buddies, befriending, lunchtime club, subject-focused). <p>Planning and preparation:</p> <ul style="list-style-type: none"> Determine the roles of staff in the school (e.g. who will advertise and recruit the peer supporters? who will run the training? who will supervise and support the peer supporters?) Determine when and where the peer support programme will be held. Determine which pupils you intend to recruit as peer supporters (it is important that the peer supporters are representative of the school population). <p>Implementation:</p> <ul style="list-style-type: none"> Advertise the peer support programme and develop awareness amongst pupils and staff of the peer support programme. Recruit (and interview?) pupils to be peer supporters. Record the support that the peer supporters have given and supervise the pupils who are peer supporters. Maintain enthusiasm and use of the peer supporters. <p>Ensure that you:</p> <ul style="list-style-type: none"> Involve the school council network in sharing the good work of the peer supporters. Embed HS+ outcomes in the SEF and school development plan

PDE Team Support:	<ul style="list-style-type: none"> ○ Wiltshire Certificate for PSHE (see flyer) ○ Cluster training on promoting health in PSHE ○ Cluster parents evenings support ○ Governor training ○ PSHE curriculum review ○ School policy review ○ Signposting to appropriate resources and organisations ○ Peer Support training – available from January 2011
Suggested resources:	<ul style="list-style-type: none"> ● Early Interventions offers an introductory meeting with a school, 2 half-day training sessions on peer mentoring for a cohort of pupils, certificates of achievement, training materials and a follow up visit to monitor progress for £320. Contact Tony Benge on 01747 840470 or earlyinterventions@ashby-benge.org.uk
Early Success Indicators:	<p>Example Process: List the actions you plan to take and detail the month/year you intend to achieved each one</p> <p>Impact: 1) To deliver focused peer support training to X pupils by month/year. 2) To support X pupils through the peer support programme by month/year</p>
Source of Baseline Information:	<p>1) <i>See current number of pupils who have attended peer support training.</i> 2) <i>See record of the pupils who have been supported</i></p>